

Pleasant Activity List **and their Social Modifications**
Rabbi Dr. Jonathan Schwartz

1. Baking Cookies **on facetime with friends sharing modifications or their views and yours**
2. Sitting schmoozing with friend **(with word limits Cannot use the magic word..)**
3. Jogging
4. Going for a walk **(with friend while maintaining a healthy social distance)**
5. Listening to music **(singing contest among friends of same gender, flash kumsitz over zoom)**
6. Listen, watch or Learn (or read something inspiring) **(listen at same time together and share thoughts)**
7. Dancing **(again, especially among women, these dances can be done in a mutual zoom)**
8. Calling an older (or lonely) person
9. Cooking
finding new means for using Kosher for Pesach items in a different way. I mean, seriously, have you EVER created a dessert with grated leftover horseradish?)
10. Assembl